

Create your career short

Your story opens pathways for rising scientists.

Research suggests that students who see scientists displaying authenticity and relatability can positively impact overall perceptions of scientists.

Thank you for being willing to provide middle and high school students in Ohio with an authentic look into your career!



STEP 1

Record a *vertical* video on your phone.

- Face your phone case towards you, not the screen.
- Use ear pods to capture clear audio
- Record in an interesting location. If possible, move around to a few unique places to answer the different questions.
- Pan your phone to briefly show the setting around you at work, like you are giving a behind-the-scenes tour.



STEP 2

Introduce yourself and your current position.

- Use clear, simple language.
- Explain what your job involves.
- Explain what to do to prepare for a job like yours.



STEP 3

Visit ols.plus/submitvideo or scan the QR code to upload your clips.



Use this script for your first clip:

“Hi! My name is _____ (first name) _____.

I’m here in _____ (city) _____, Ohio

at _____ (company / organization) _____.

I work as a _____ (job title) _____,

which means I _____

_____ (one-sentence explanation of what you do) _____.

My path to this job was _____.”

...then, respond to the prompts on the next page.



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“Many students don’t know what opportunities exist. They have an interest in science, and they have an idea of where they can go, but that idea is not clear enough for them to actually know what the steps are.”

—High school science teacher

Respond to any 3 or 4 of the following prompts:

Talk about your work

- How does your job require creativity?
- What is the coolest thing about your job?
- What does a day/week in your role typically look like?

Talk about your career path

- Who helped you get to where you are?
- What qualifications/ education does this job require?
- If you could change anything about the path you took for your career, what would it be?

Talk about the potential of this career

- How does your job make an impact in Ohio?
- What advice do you have for young scientists?



PRO TIPS

- Keep it authentic!
- Think through your answers before you record.
- It’s OK to record multiple clips so you can stop and prepare for each snippet.
- Keep the clips short—the total video won’t be longer than two minutes when the clips are edited together.



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